



MAROOCHYDORE S.L.S.C.

MAROOCHYDORE SLSC

Bronze Medallion / Surf Rescue Certificate

Swim Proficiency Form

To: Chief Training Officer
Maroochydore Surf Lifesaving Club

Post: PO Box 390
Maroochydore Qld 4558

Fax: (07) 5443 8963 Phone: (07) 5443 1323
Email: lifesaving@maroochysurfclub.com.au

I being an accredited
(print assessors / swim coaches name)

SLSA Assessor or Level 1 Auswim Coach (Ass./Reg. No.....)

verify that I observed complete a;
(print candidates name)



400 metre pool swim in 9 minutes or less (Bronze Medallion)

or



200 metre pool swim in 5 minutes or less (Surf Rescue Cert.)

(circle appropriate standard achieved by the candidate)

in a pool at least 25 metres in length.

Signed on / / 0....
(assessor / swim coaches signature)

PLEASE TURN OVER



MAROOCHYDORE SLSC

Proficiency Form

MAROOCHYDORE S.L.S.C.

Candidates Name:

Candidates Signature:

Are you a financial member of Maroochydore SLSC ? YES / NO

Date: / / 0...

Award Proficiency	Passed	Retest
Bronze Medallion (Cert II)		
Radio		
Marine Stinger		
Signals		
CPR & O2		
Board rescue (live assessment)		
Tube rescue (live assessment)		
Carries & Supports		
CPR (patient assessment—live incl. lateral, CPR on manikin with mask)		
ARC (CPR, oxygen unit, stifneck collar, OP airway insertion and suction)		
Defibrillation (scenario; patient in need, specific danger, pad position, keep clear)		
Operational / Senior First Aid (CPR Proficiency)		
IRB Drivers (effective and safe; Parallel run, response to signals, negotiate surf and patient; rescue, lift, carry, lay and assess)		
IRB Crewperson (effective and safe; parallel run, response to signals, negotiate surf and patient; rescue, lift, carry, lay and assess)		
Pool Swim Certificate (Bronze: 400m in 9 min. SRC 200m in 5 min.)		
Run / Swim / Run (Bronze: 200m /200m/200m—8 min) (SRC: 100m/100m/100m—4 min)		

Assessors Name & Signature: