

MENU

LUNCH 12-2PM DINNER 5.30-8PM



Thank you for dining with us today and supporting a community organisation that has been saving lives on Maroochydore Beach since 1916.

Jack Orr
General Manager



ENTRÉE SELECTION

	M	NM
GARLIC PIZZA BREAD (GFO) Our very own garlic puree base topped with mozzarella	\$10	\$12
CREAMY GARLIC PRAWNS (GF) Served with Jasmine rice and soft herbs	\$19	\$21
TUSCAN STYLE BRUSCHETTA Vine ripened tomatoes, Spanish onion, brie and balsamic glaze served on ciabatta	\$16	\$18
TOM YUM SQUID Served with Greek salad and tartare sauce	\$19	\$21
CRISPY FRIED PORK BELLY BITES Tossed through a chilli plum sauce served with Jasmine rice and Asian slaw	\$19	\$21
TASTING PLATE Tuscan style bruschetta, crispy fried pork belly bites, tom yum squid	\$38	\$40



SALADS

	M	NM
CAESAR SALAD (GFO) Served with baby cos lettuce, crispy bacon, tortilla chips, shaved parmesan and hard boiled egg with parmesan aioli (anchovies optional)	\$18	\$20
CRUMBED HALOUMI SALAD Served with balsamic roasted baby beetroots, spinach, quinoa, spiced cashews and honey mustard dressing	\$18	\$20
PANZANELLA SALAD (GFO) Served with cherry tomatoes, cucumber, meculin, red onion, fetta, olives, tortilla chips and lemon vinaigrette	\$18	\$20
TOP YOUR SALAD		
Char grilled chicken breast.....	\$6	
Tom yum squid	\$6	
Avocado	\$3	



FLAGS BISTRO MAIN MENU

	M	NM
CREAMY GARLIC PRAWNS (GF) Served with Jasmine rice and soft herbs	\$28	\$30
FISHERMAN'S CATCH Beer battered flathead, panko crumbed prawns, tempura prawns, crumbed scallops, Tom yum calamari, chips, house salad, French dressing and tartare sauce	\$27	\$29
BUTTERFLIED CHICKEN BREAST Marinated in lemon and thyme served with warmed potato, grilled chorizo, spinach and aioli salad	\$26	\$28
FISH OF THE DAY Warmed potato, chorizo, spinach, toasted pine nuts and aioli salad	\$29	\$31

	M	NM
PRAWN AND CHORIZO SPAGHETTI Pan sautéed prawns, garlic, red onion and spaghetti tossed through a white wine and roasted tomato sauces (VO)	\$28	\$30
SLOW BRAISED PORK BELLY Served with Thai infused sweet potato mash, broccolini, baby spinach and chilli plum sauce	\$28.50	\$30.50
MSA 250g RUMP (GF) Cooked to your liking served with the choice of two sides;	\$27	\$29

SIDE OPTIONS

Shoestring chips, creamy mash potato, garlic roasted chats, house salad, Caesar salad and steamed seasonal vegetables

SAUCES

Choose from roast field mushroom, gravy, Dianne, garlic sauce and chilli plum sauce

TOP YOUR MEAL		
Creamy Garlic Prawns		\$8
Tom Yum Squid		\$6
Avocado and Hollandaise sauce		\$7



(GF) - Gluten Free (GFO) - Gluten Free Options (VO) - Vegetarian Option | M - Members NM - Non-Members
 If you have any special allergy requirements let our friendly staff know and we will be happy to do our best to meet them.
 Images are for illustrative purposes only

\$8

NIPPERS MENU KIDS MEAL

All Nipper meals are served with ice-cream or jelly.
Colouring packs available for \$2.

HOMEMADE SPAGHETTI
BOLOGNESE

BEER BATTERED FLATHEAD,
CHIPS AND SALAD

CHICKEN NUGGETS,
CHIPS AND SALAD

KID'S HAM AND PINEAPPLE
PIZZA (GFO)



PIZZA

12" Pizza bases freshly made in-house and pizza oven baked.

	M	NM
PEPPERONI On a Napoli base with pepperoni, Italian herbs and mozzarella	\$17	\$19
BBQ CHICKEN AND BACON On a BBQ base with chicken breast, bacon, mushrooms, red onion and mozzarella	\$22	\$24
PORK BELLY On a Napoli base with slow braised pork belly, bok choy, roasted peppers, spiced cashews, red onion jam, mozzarella and fried shallots	\$22	\$24
VEGETARIAN On a Napoli base with roasted sweet potato, spinach, fetta, caramelised onion, mushrooms, roasted capsicum and mozzarella	\$22	\$24
MAROOCHY MEAT LOVERS On a BBQ base with pepperoni, ham, beef, chorizo, bacon and mozzarella	\$24	\$26
FIREBREATHER On a Napoli base with pepperoni, chorizo, bacon, fetta, red onion, fresh chilli, jalapenos, sundried tomatoes, mozzarella and sriracha	\$24	\$26
GLUTEN FREE BASE AVAILABLE	\$3	

SCHNITZEL SELECTION

All schnitzels are hand crumbed 250g fresh chicken breast served with the choice of two sides.

	M	NM
CHICKEN SCHNITZEL Traditional golden house crumbed chicken breast schnitzel with your choice of sauce and fresh lemon	\$20	\$22
THE SURF Chicken schnitzel, garlic cream sauce, tiger prawns, avocado and mozzarella	\$25	\$27
THE PARMIGIANA Chicken schnitzel, Napoli sauce, shaved ham and mozzarella	\$23	\$25

SIDE OPTIONS

Shoestring chips, creamy mash potatoes, garlic roasted chats, house salad, Caesar salad, seasonal steamed vegetables



DESSERTS MENU

WARMED STICKY DATE PUDDING With butterscotch sauce and ice cream	\$10
WARMED CHOCOLATE LAVA CAKE With chocolate sauce and ice cream	\$10
ICE CREAM SUNDAE	\$6
Chocolate, Caramel, Strawberry with vanilla ice-cream, nuts, wafer and topped with cream	

CHEF'S SPECIALS

M NM

MONDAY NIGHT

ITALIAN HERBS & SPICES NIGHT

Italian inspired mains, including pizza and pasta dishes

\$18.90 \$20.90

TUESDAY NIGHT

SURF & TURF NIGHT

250g Rump steak, sautéed green beans, crushed garlic chats, peppercorn jus with grilled Moroccan prawn skewers

\$26.90 \$28.90

WEDNESDAY NIGHT

ROAST NIGHT

Selection of pork, beef and lamb with veg, Yorkshire pudding, roasted potatoes, pumpkin and gravy

\$14.90 \$16.90

THURSDAY NIGHT

RUMP & RIB NIGHT

250g Chargrilled rump topped with sticky BBQ pork ribs, chips and salad. Includes schooner of Iron Jack

\$26.50 \$28.50

SUNDAY NIGHT

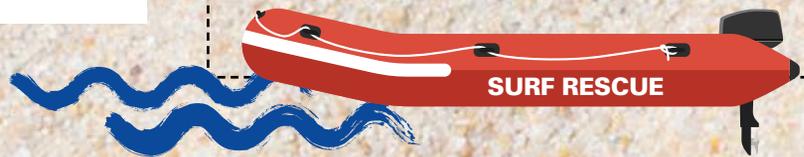
CHICKEN PARMIGIANI NIGHT

Four toppings to choose from, served with house salad and chips

\$19.95 \$21.95



Check the menu board for daily lunch specials
AVAILABLE 7 DAYS - LUNCH 12-2PM



\$14

SENIORS' LUNCHES

AVAILABLE
MONDAY - FRIDAY

SENIORS' LUNCH

THICK PORK SAUSAGES \$14
With creamy mash and gravy

BEER BATTERED FLATHEAD \$14
With shoestring chips, house salad and tartare

TOM YUM SQUID \$14
With Greek salad and tartare

FRESH SALAD \$14
Of cherry tomatoes, cucumber, red onion, fetta, olives and lemon vinaigrette

INCLUDES SELECTED CAKE PLUS COFFEE FOR \$3

ALL DAY DINING

AVAILABLE FROM 12PM - 8PM DAILY

BURGER BAR

	M	NM
RIB FILLET STEAK SANDWICH Warmed ciabatta roll with 12 hour slow cooked rib fillet, old English cheese, mesculin, fresh tomato, caramelised onion, aioli, tomato relish, BBQ sauce and chips	\$19.50	\$20.50
BEEF BURGER Sesame seed bun with juicy beef pattie, old English cheese, lettuce, tomato, caramelized onion, beetroot, tomato relish and chips	\$19.50	\$20.50
CHICKEN SCHNITZEL BURGER Warmed ciabatta with golden fried chicken schnitzel, Asian slaw, aioli and chips	\$19.50	\$20.50

SIDES

SHOESTRING CHIPS with aioli	\$8
SPICY WEDGES with sour cream and sweet chilli	\$10
SIDE SALAD with French dressing	\$8
SIDE OF SHOESTRING CHIPS with aioli	\$5
CREAMY MASH POTATO	\$6
BUTTERED STEAMED SEASONAL VEGETABLES	\$6

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KIDS MEAL**



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CHICKEN NUGGETS, CHIPS AND SALAD

KID'S HAM AND PINEAPPLE PIZZA (GFO)

